The graduated gets a university qualification in the field of physical education and sport. He is fully prepared to lead professional sports and leisure activities for youth and adults in sports and physical training institutions.

Bachelor studies of Physical Education and Sport for Education prepares university-educated professionals for wide range of job title in professions linked to physical education and sports leisure activities for children, youth and adults. Graduates are prepared for work in institutions that are related to such activities. The field of study does not provide teacher's qualification for work at any level of school, but it is designed as a preceding degree for master study in Physical Education at secondary and primary schools.

Preparation for work in the field of Physical Education and Sport is based on compulsory subjects in the group of Biomedical disciplines, as well as Anthropometrics, Kinesiology, History and Present of Physical Culture, Sports Training, Psychology and Sociology of Physical Education and Sports, and others.

Students acquire motor skills, didactic, methodological and organizational knowledge and skills in various sports such as athletics, gymnastics, swimming, ball games, outdoor sport and life activities, skiing, skating and ice hockey, in physical health education, sports massage and regeneration etc. Training takes place during the semester or in the form of residential courses. Passing the listed disciplines establishes where possible the elementary degree of methodologist, instructor or trainer qualifications.

A group of compulsory optional subjects creates an extension from which the students choose disciplines according to their interest and expected future professional orientation.

Students are at the same time trained in the second subject which choice is variable.

The graduate has preconditions for successful study of master's program of teaching Physical Education.