## Voice hygiene

## How to take care of your voice: voice hygiene (Pavla Sovová, Ph.D)

Formation of voice, body and breath awareness, thoracic diaphragm activation, voice experiments, articulation exercise, vocal hygiene. Practical training with Pavla Sovová.

**Start:** 17.5. 2018 in 12:30 **End:** 17.5. 2018 in 14:00 **Organised by:** KPG **Place:** Great Hall (aula)